

the olympics

The first recorded Olympic Games were held in 776 BC. Every four years, people came from all over Greece to compete at Olympia. Women were not allowed to compete – or even watch.

Some of the competitions included foot races, boxing, chariot races, and wrestling.

One event which is very famous today is the marathon. BUT, the ancient Olympic games never had a marathon. The first Olympic marathon was not run until the first modern games – in 1896.

Why do you think the tradition of the Olympic games has continued for so many years?

Which ancient Greek Olympic event would you have wanted to compete in – foot race, boxing, chariot racing, or wrestling?

